

SOUPS - 2025	Allergens	Dietary Info (V=vegetarian, VG = vegan, GF = gluten free)	Ingredients
Shrimp & Corn Chowder	FISH (COD), MILK, SHELLFISH (SHRIMP), WHEAT		Shrimp Stock (Water, Cooked Shrimp, Salt, Natural Flavoring, Butter (Pasteurized Cream, Salt), Autolyzed Yeast Extract, Maltodextrin, Dextrose, Dehydrated Potatoes, Codfish Powder, Onion Powder, Sugar, Garlic Powder), Creamed Corn (Water, Corn, Cane Sugar, Cornstarch, Sea Salt), Shrimp, Cream, Corn, Potatoes, Red Bell Peppers, Butter (Cream, Salt), Onions, Carrots, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cornstarch, Scallions, Sea Salt, Onion Powder, Maltodextrin, Dextrose, Spices, Carrot Powder, (Carrot, Rice Hull), Yeast Extract, Blackened Red Fish Seasoning (Salt, Spices, Paprika, Garlic, Onion), Xanthan Gum, Granulated Garlic.
Stewed Cabbage		GF, VG	Cabbage, Carrots, Celery, Green Beans, Garlic, Onions, Tomatoes, Water, Spices.
Tomato Basil	MILK	GF, V	Tomato (Tomatoes, Tomato Puree, Salt, Citric Acid), Water, Heavy Cream, Tomato Paste (Tomato, Citric Acid), Basil, Sugar, Canola Oil, Cornstarch, Onion Powder, Sea Salt, Natural Butter Flavor (Whey, Butter Oil, Salt, Sugar, Guar Gum), Yeast Extract (Yeast Extract, Salt), White Pepper, Caramel Color.
Stuffed Pepper w/Beef	SOY, WHEAT		Water, Green Bell Peppers, Tomatoes (Diced Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid, Cooked Ground Beef, Tomato Paste, Long Grain Rice (Long Grain Rice Enriched With Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Onions, Contains Less Than 2% Of Beef Au Jus Concentrate (Beef Stock, Salt, Natural Flavoring, Yeast Extract, Beef Fat, Caramel Color, Cornstarch, Sodium Phosphate, Onion Powder, Soy Sauce [Water, Soybeans, Wheat, Salt], Lactic Acid, Modified Potato Starch, Disodium Inosinate & Disodium Guanylate, Potato Starch, Beet Powder, Garlic Powder, Corn Syrup, Solids), Salt, Granulated Garlic, Granulated Onion, Spices, Sugar.
Vegan Chili	SOY	GF, VG	Tomatoes, Cooked Pinto Beans, Soy Protein Crumbles (Water, Soy Protein Concentrate, Canola Oil, Yeast Extract, Caramel Color, Salt, Distilled White Vinegar, Xanthan Gum, Onion, Garlic, Green Cabbage, Mushroom, Black Pepper, Ginger), Green Bell Peppers, Red Bell Peppers, Vegetable Stock (Water, Carrots, Onions, Celery, Salt, Sugar, Corn Oil, Potato Flour, Carrot Powder), Onions, Contains 2% or less of: Tomato Paste, Garlic, Water, Modified Corn Starch, Lime Juice, Cilantro, Jalapeno Peppers, Vegetable Base (Vegetables (Carrots, Tomatoes, Onions, Potatoes, Garlic), Sea Salt, Dextrose, Cane Sugar, Canola Oil, Spices, Turmeric), Distilled Vinegar, Garlic Powder, Salt, Nisin Preparation and Spices.