



Grocery & Dairy Specials

Offers Valid 10/29-11/11/2025

4th & Heart Ghee Butter

(9 oz, Reg. \$14.49)

\$11.79

Abbot's Plant-Based Meats

(10 oz, Reg. \$8.99)

\$6.29

Abbot's Plant-Based Burgers

(2/4 oz, Reg. \$7.79)

\$5.29

Ancient Harvest Organic Polentas

(18 oz, Reg. \$3.99)

\$3.29

Angie's BoomChickaPop Popcorns

(4.5 oz, Reg. \$4.49)

\$2.79

Better Than Bouillon Premium Broths

(8 oz, Reg. \$7.79)

\$4.79

Better Than Bouillon Organic Broths

(8 oz, Reg. \$9.99)

\$6.29

Big Tree Farms Organic Coconut Aminos

(10 oz, Reg. \$5.99)

\$5.29

Bitchin' Sauce Organic Vegan Dipping Sauces

(7 oz, Reg. \$6.99)

\$4.29

Boiron Chestal Child Cold & Cough

(6.7 oz, Reg. \$12.99)

\$8.99

Bonafide Organic Broths

(32 oz, Reg. \$5.29)

2/\$8

Bonafide Organic Bone Broth

(16.9 oz, Reg. \$7.79)

\$5.79

Breton Gluten Free Crackers

(4.76 oz, Reg. \$3.99)

2/\$6

Califia Farms Creamer

(25.4 oz, Reg. \$5.99)

\$4.29

Califia Farms Cold Brew Coffees

(48 oz, Reg. \$6.99)

2/\$10

Califia Farms Oat Creamers

(25.4 oz, Reg. \$5.99)

\$4.29

Califia Farms Organic Creamers

(25.4 oz, Reg. \$6.49)

2/\$10

Califia Farms Almond Milk Creamer

(25.4 oz, Reg. \$6.49)

\$4.29

Califia Farms Plant Based Juice Blends

(48 oz, Reg. \$6.99)

\$4.29

Cascadian Farm Organic Vegetables

(10 oz, Reg. \$4.79 - 5.29)

\$2.79

Cascadian Farm Organic Fruit

(10 oz, Reg. \$6.49)

2/\$6

Compostic Compostable Cling Wrap

(250 sqft, Reg. \$9.99)

\$7.29

Compostic Compostable Snack Bags

(25 ct, Reg. \$4.99)

\$3.79

Compostic Compostable Trash Bags - Kitchen - 13 Gallon

(12 ct, Reg. \$7.29)

2/\$8

Coombs Family Farms Organic Maple Syrup

(12 oz, Reg. \$16.49)

\$11.79

Dr. Bronner's Organic Toothpaste

(5 oz, Reg. \$5.99)

2/\$11



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Dr. Bronner's Organic Castile Liquid Soap

(8 oz, Reg. \$6.29)

2/\$11

Dream Organic Rice Dream

(32 oz, Reg. \$4.79)

\$3.79

Earth Balance Vegan Buttery Sticks

(16 oz, Reg. \$6.79 - 7.29)

\$4.79

Farmers Market Organic Sweet Potato Pie Mix

(15 oz, Reg. \$4.49)

2/\$7

Forager Project Organic Cashewmilk Yogurt 5.3 oz

(5.3 oz, Reg. \$1.99)

2/\$3

Forager Project Organic Cashewmilk Yogurt 24 oz

(24 oz, Reg. \$6.49)

\$5.29

Forager Project Organic Sour Cream Dairy-Free

(12 oz, Reg. \$4.29)

\$4.29

Gaia Herbs Black Elderberry Extra Strength Gummies

(40 ct, Reg. \$18.99)

\$12.49

Gaia Herbs Mighty Lungs

(60 ct, Reg. \$34.99)

\$21.99

Gaia Herbs Oil of Oregano

(60 ct, Reg. \$28.99)

\$19.49

Gaia Herbs Black Elderberry Syrup

(3 oz, Reg. \$22.99)

\$15.79

Craza "Sizzle" Extra Virgin Olive Oil

(750 ml, Reg. \$17.99)

\$12.99

Grillo's Pickles Pickle de Gallo

(14 oz, Reg. \$5.29)

\$3.99

Grillo's Pickles Pickle Chips

(16 oz, Reg. \$5.99)

2/\$5

Grillo's Pickles Pickles

(32 oz, Reg. \$9.99)

\$5.99

GT's Alive Ancient Mushroom Elixirs

(16 fl, Reg. \$4.29)

3/\$10

Health-Ade Organic Kombucha 48 oz

(48 oz, Reg. \$10.99)

\$7.29

Hebel Halva

(8 oz, Reg. \$12.79)

\$10.49

Jackson's Avocado Oil Sweet Potato Chips

(5 oz, Reg. \$4.29)

\$3.29

Jolly Llama Cones

(3 ct, Reg. \$5.99)

2/\$8

Jovial Organic Brown Rice Pasta - Fusilli

(12 oz, Reg. \$4.99)

\$4.29

Jovial Organic Brown Rice Pasta - Manicotti

(7 oz, Reg. \$4.49)

2/\$7

Jovial Organic Brown Rice Pasta - Farfalle

(12 oz, Reg. \$4.99)

\$3.99

King Arthur All Purpose Organic Flour

(5 lb, Reg. \$13.99)

\$10.29

Koyo Ramen Varieties

(2 oz, Reg. \$1.49)

5/\$5



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La Colombe Lattes

(9 oz, Reg. \$3.99)

\$2.79

Lakanto Sugar Free Monkfruit Sweetener

(16 oz, Reg. \$11.99)

\$9.79

Lakanto Sweetener Original

(1.75 oz, Reg. \$12.99)

\$10.29

Lightlife Smart Bacon

(5 oz, Reg. \$5.49)

\$4.29

Little Sesame Hummus Varieties

(8 oz, Reg. \$5.29)

2/\$8

MaryRuth Organics Organic Herbal Liquid Extract Sea Moss

(1 oz, Reg. \$12.99)

\$8.79

MaryRuth Organics

Liquid Morning Multivitamin + Hair Growth

(30 oz, Reg. \$60.99)

\$40.99

MaryRuth Organics Organic Probiotic Gummy

(60 ct, Reg. \$21.99)

\$15.29

Maya Kaimal Simmer Sauces

(12.5 oz, Reg. \$5.99)

2/\$9

Maya Kaimal Curry Pouches

(10 oz, Reg. \$4.79)

2/\$7

Maya Kaimal Rice Pouches

(8.5 oz, Reg. \$3.49)

\$2.79

Miso Master Organic Red Miso

(8 oz, Reg. \$7.29)

\$6.29

Miso Master Organic Mellow White Miso

(8 oz, Reg. \$6.99)

\$5.29

Momofuku Noodles

(16.75 oz, Reg. \$12.99)

\$8.99

Mrs. Meyer's Clean Day Liquid Dish Soap

(16 oz, Reg. \$5.49)

\$4.29

Mrs. Meyer's Clean Day Multi-Surface Everyday Cleaner

(16 oz, Reg. \$5.49)

\$4.29

Mrs. Meyer's Clean Day Liquid Hand Soap

(12.5 oz, Reg. \$5.79)

\$4.29

Muir Glen Organic Diced Tomatoes

(14.5 oz, Reg. \$3)

2/\$3

Muir Glen Organic Tomato Sauce

(15 oz, Reg. \$3)

2/\$3

Muir Glen Organic Pizza Sauce

(15 oz, Reg. \$3.29)

\$1.79

Native Forest Vegan Coconut Milk Powder

(5.25 oz, Reg. \$4.99)

\$3.79

Native Forest Organic Coconut Cream

(5.4 oz, Reg. \$1.99)

2/\$3

Native Forest Organic Peaches

(15 oz, Reg. \$5.99)

2/\$9

Native Forest Organic Mandarin Oranges

(10.75 oz, Reg. \$4.79)

\$3.29

Native Forest Organic Young Jackfruit

(14 oz, Reg. \$4.99)

\$3.99





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Native Forest Artichoke Hearts

(14 oz, Reg. \$5.49)

\$3.99

Natrol Melatonin 5 mg

(60 tab, Reg. \$10.99)

\$7.29

Natrol 5-HTP 100 mg Fast Dissolve

(30 tab, Reg. \$14.99)

\$10.99

Natrol Kids Melatonin 1 mg Gummy

(90 ct, Reg. \$14.99)

\$10.49

Nordic Naturals Vitamin D3 Gummies For Kids

(60 ct, Reg. \$12.99)

\$9.29

Nutrex Hawaii Spirulina Powder

(5 oz, Reg. \$20.99)

\$14.99

Nuts for Cheese Organic Vegan Cheese Wedges

(4.23 oz, Reg. \$8.99)

\$6.99

Oatly Non-Dairy Frozen Desserts

(1 pt, Reg. \$4.99)

2/\$8

Oatly Oatmilk 32 oz

(32 oz, Reg. \$4.79)

\$3.99

Odyssey Sparkling Energy Drinks

(12 oz, Reg. \$3.49)

2/\$5

Odyssey Revive

(12 oz, Reg. \$3.49)

2/\$5

Odyssey Sparkling 222 Energy Drink

(12 oz, Reg. \$3.49)

2/\$5

OLIPOP Prebiotic Sodas

(12 oz, Reg. \$2.99)

2/\$4

OLIPOP Prebiotic Soda 4-pk

(4/12 fl, Reg. \$10.99)

\$7.79

Pamela's Traditional Graham

(7.5 oz, Reg. \$6.29)

\$5.79

poppi Prebiotic Sodas

(12 oz, Reg. \$2.99)

2/\$4

poppi Prebiotic Soda 4-pk

(4/12 oz, Reg. \$10.99)

\$8.29

Peter Rabbit Organics Organic Baby Food Pouch

(4 oz, Reg. \$2.29)

3/\$6

Peter Rabbit Organics Organic Super Oats & Seeds

(4 oz, Reg. \$2.29)

3/\$6

PUR Gum Gum 9 ct

(9 ct, Reg. \$1.99)

3/\$4

PUR Gum Gum 55 ct

(55 ct, Reg. \$4.29)

\$3.29

Rishi Tea Organic Concentrate

(32 oz, Reg. \$8.99)

\$6.29

Rishi Tea Organic Teas

(15 ct, Reg. \$11.49)

\$7.79

Rudi's Organic Breads

(22 oz, Reg. \$5.99)

2/\$10

Sahale Glazed Nut Mixes

(4 oz, Reg. \$5.99)

2/\$10

San Pellegrino Sparkling Water

(750 ml, Reg. \$2.79)

2/\$5





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Sanders Dairy Free Dark Chocolate Sea Salt Caramels
(5.5 oz, Reg. \$10.29) **\$6.79**

Seeds of Change Organic Rice & Grain Pouches
(8.5 oz, Reg. \$3.79) **\$2.79**

Snack Factory Pretzel Crisps
(7.2 oz, Reg. \$4.29) **2/\$6**

So Delicious Coco Whip
(9 oz, Reg. \$4.49) **\$3.49**

Spindrift Sparkling Waters
(8 x 12 oz, Reg. \$8.49) **\$7.29**

The Ginger People Organic Ginger Juice
(5 oz, Reg. \$5.49) **\$4.79**

The New Primal Beef Sticks
(1 oz, Reg. \$2.29) **\$1.79**

The Seaweed Bath Co Exfoliating Cleanser
(3 fl, Reg. \$15.99) **\$12.29**

The Seaweed Bath Co Sun Care
(6 fl, Reg. \$19.99) **\$17.29**

The Seaweed Bath Co Shampoo
(12 fl, Reg. \$8.99) **\$7.29**

The Seaweed Bath Co Conditioner
(12 fl, Reg. \$8.99) **\$7.29**

Tom's of Maine Toothpaste
(4 oz, Reg. \$8.49) **\$6.29**

Tony's Chocolonely Rainbow Tasting Pack
(10.2 oz, Reg. \$10.99) **\$9.79**

Tony's Chocolonely Milk Chocolate Bars
(6.35 oz, Reg. \$5.99) **\$5.29**

Tony's Chocolonely Lil' Bits
(4 oz, Reg. \$5.49) **\$5.29**

Torani Syrups and Sauces Puremade Sauce
(16.5 oz, Reg. \$6.49) **\$4.79**

TöST NA Beverages
(750 ml, Reg. \$8.99) **\$6.79**

Uglies Kettle Chips Kettle Chips
(5.5 oz, Reg. \$4.29) **3/\$10**

Violife Slices
(7.05 oz, Reg. \$6.49) **2/\$10**

Violife Just Like Parmesan
(5.9 oz, Reg. \$6.99) **\$5.79**

Violife Shreds
(8 oz, Reg. \$6.79) **2/\$10**

Watkins Food Coloring Assorted
(1.2 oz, Reg. \$9.99) **\$7.79**

Watkins Rainbow Decorating Sprinkles
(3.4 oz, Reg. \$5.99) **2/\$10**

Watkins Rainbow Decorating Sugar
(4.6 oz, Reg. \$5.99) **2/\$10**

Yogi Organic Teas
(16 ct, Reg. \$4.99) **\$4.29**

Zack's Mighty Organic Rolled Tortilla Chips
(7 oz, Reg. \$4.99) **\$3.79**



Market Specials

Offers Valid 10/29-11/11/2025

Meat & Seafood

Amish Bone-In Thighs (Reg. \$2.99/lb)	\$2.49/lb
Crab Cakes (Reg. \$3.99/ea)	2/\$5
Pork Chorizo (Reg. \$4.99/lb)	\$3.99/lb
Boneless Pork Chops (Reg. \$4.99/lb)	\$3.99/lb
Dearborn Smoked Kielbasa (16 oz. Reg. \$8.99)	\$6.49
Beef Brisket (Reg. \$8.99/lb)	\$7.49/lb
Housemade Lamb Patties (Reg. \$12.49/lb)	\$9.99/lb
Seafood Market Sea Scallop Varieties with Sauce (12.5 oz. Reg. \$21.99)	\$17.49
Bone-In Ribeye Steaks (Reg. \$21.99/lb)	\$17.49/lb
Thousand Hills 100% Grass Fed Beef Chuck Pot Roast (24 oz. Reg. \$25.99)	\$20.49
Legacy Foods Garlic Crab & Shrimp Combo Tray (48 oz. Reg. \$35.99)	\$28.49

Produce

Pomegranates (Reg. \$5.99/ea)	\$3.99/ea
Organic Honey Gold or Ruby Red Baby Potatoes (24 oz. bag, Reg. \$4.99)	\$3.99
Organic Sunburst Blend Marble Potatoes (24 oz. bag, Reg. \$4.99)	\$3.99
Blake's Apple Cider (64 oz., Reg. \$5.99)	\$4.49

Deli (Offers Valid 11/3-11/16/2025)

Boar's Head Colby Jack Cheese (Reg. \$9.99/lb)	\$5.99/lb
Boar's Head Tavern Ham (Reg. \$12.99/lb)	\$9.99/lb
Boar's Head Maple Honey Turkey Breast (Reg. \$14.99/lb)	\$11.99/lb
Boar's Head Sweet B's Honey BBQ Chicken Breast (Reg. \$14.99/lb)	\$11.99/lb
Boar's Head Corned Beef (Reg. \$17.99/lb)	\$14.99/lb





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Prepared Foods

Western's Housemade Garlic Maple Glazed Carrots
(Reg. \$6.99/lb) **\$5.49/lb**

Western's Housemade Lemon Kale Caesar Wrap
(Reg. \$7.99/ea.) **\$6.49/ea**

Western's Housemade
Roasted Maple Brussels Sprouts with Prosciutto
(Reg. \$13.99/lb) **\$10.99/lb**

Bakery

Western's Housemade Pumpkin Cheesecake Muffin
(1 ea., Reg. \$3.49) **\$2.79**

Achatz Assorted 6" Fruit Pies
(6" pie., Reg. \$7.49) **\$5.99**

Achatz Assorted 9" Fruit Pies
(9" pie., Reg. \$18.99) **\$14.99**

Beer

Bell's Brewery Raspberry Oberon Eclipse
(19.2 oz. can, Reg. \$2.99) **\$1.99**

Bell's Brewery Raspberry Oberon Eclipse
(6 x 12 oz. bottles, Reg. \$11.99) **\$9.99**

Bell's Brewery Raspberry Oberon Eclipse
(12 x 12 oz. cans, Reg. \$19.99) **\$15.99**

Ellison Grit City Variety Pack
(8 x 12 oz. cans, Reg. \$29.99) **\$23.99**

Gourmet Cheese

Idyll Farms Idyll Pastures Goat Cheese - all varieties
Michigan-made spreadable chèvre varieties
(4 oz., Reg. \$6.99) **\$5.49**

Charlevoix Cheese Co. Pumpkin Spice Quark
(8 oz., Reg. \$9.99) **\$7.99**

Charlevoix Cheese Co. Mild Cheddar
(Reg. \$18.99/lb) **\$14.99/lb**

Charlevoix Cheese Co. Autumn Ridge Cheddar
(Reg. \$21.99/lb) **\$17.49/lb**

Wine

Honoro Vera Garnacha
Spooky Spanish Sipper
(750 ml., Reg. \$11.99) **\$9.99**

Kentia Albariño
Like a fresh fruit salad with mineral and herbal notes
(750 ml., Reg. \$19.99) **\$17.99**

Von Buhl Bone Dry Riesling
A German Riesling so dry you can feel it in your bones.
(750 ml., Reg. \$22.99) **\$19.99**

Uva da Vida Biografico Tinto
Biodynamic blend of Graciano and Tempranillo
(750 ml., Reg. \$21.99) **\$19.99**

Defaix Frères Chardonnay
Crisp, affordable, unoaked White Burgundy.
(750 ml., Reg. \$29.99) **\$26.99**