



Grocery & Dairy Specials

Offers Valid 9/24-10/14/2025

A Dozen Cousins Bean Varieties

(10 oz, Reg. \$3.99)

\$2.99

Almond Breeze Almondmilks

(32 oz, Reg. \$3.99)

\$2.99

Alo Aloe Vera Juice Drinks

(16.9 oz, Reg. \$2.79)

2/\$4

Alo Watermelon Coconut Water

(10.8 oz, Reg. \$2.29)

2/\$3

Annie's Organic Soups

(14 oz, Reg. \$5.49)

\$3.29

Annie's Frozen Pizza Poppers

(5 oz, Reg. \$5.99)

2/\$7

Annie's Mac & Cheese

(6 oz, Reg. \$3.49)

3/\$7

Annie's Organic Fruit Snacks

(7 oz, Reg. \$8.79)

\$5.29

Annie's Organic Bunny Grahams

(7.5 oz, Reg. \$5.99)

2/\$7

Annie's Organic Dressings

(8 oz, Reg. \$5.79)

\$4.29

Annie's Organic Snack Mix

(9 oz, Reg. \$6.99)

\$4.29

Back to Nature Crackers

(5 oz, Reg. \$4.79)

2/\$7

Back to Nature Sandwich Cookies

(8.25 oz, Reg. \$5.99)

\$4.29

Back to Nature Cookies

(5.5 oz, Reg. \$6.99)

\$5.29

BEAR Fruit Rolls

(5/3.5 oz, Reg. \$5.79)

\$4.29

Bellwether Farms Sheep Milk Yogurt

(16 oz, Reg. \$7.79)

2/\$11

Beyond Meat Beyond Ground Beef

(16 oz, Reg. \$10.99)

2/\$17

Beyond Meat Meatballs

(10 oz, Reg. \$7.49)

2/\$13

Beyond Meat Beyond Popcorn Chicken

(10 oz, Reg. \$6.79)

\$5.29

Beyond Meat Beyond Steak

(10 oz, Reg. \$8.99)

\$6.99

Caboo Tree-Free Paper Towels

(2 ct, Reg. \$6.29)

\$4.79

Caboo Tree-Free Bath Tissue 9 pk Paper 300 Sheet

(9 ct, Reg. \$10.29)

\$9.29

Caboo Tree-Free Adult Flushable Wipes

(60 ct, Reg. \$5.49)

\$4.29

Caboo Tree-Free Bath Tissue

(4 ct, Reg. \$6.29)

\$4.79

Caboo Tree-Free Paper Towels

(1 ct, Reg. \$4.79)

2/\$7

Carbone Pasta Sauce

(24 oz, Reg. \$9.99)

2/\$13



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Cheddies Crackers

(4.2 oz, Reg. \$5.49)

\$3.99

Chickapea Organic Pasta

(8 oz, Reg. \$4.79)

\$3.79

Chickapea One Pot Meals

(7 oz, Reg. \$6.79)

\$4.29

Daring. Plant Chicken Pieces

(8 oz, Reg. 6.99-7.99)

\$4.99

De La Calle Organic Mexican Sodas

(12 oz, Reg. \$2.79)

3/\$6

Deep Indian Kitchen Entrees

(9 oz, Reg. \$6.99)

\$5.29

EPIC Snack Strips

(0.8 oz, Reg. \$1.99)

2/\$3

Equal Exchange Organic Coffees

(12 oz, Reg. \$13.99)

\$12.29

Flora Ferritin+

(30 cap, Reg. \$24.99)

\$21.29

Good Karma Flaxmilk + Protein Milk

(64 oz, Reg. \$5.99)

\$5.29

Good Karma Flaxmilk + Protein Milk

(32 oz, Reg. \$4.29)

\$3.79

Grain Trust Rice Varieties

(20 oz, Reg. \$5.99)

2/\$8

GT's Enlightened Synergy 48 oz

(48 oz, Reg. \$10.99)

\$8.29

Happy Egg Eggs - Free Range

(12 ct, Reg. \$6.99)

\$5.99

Happy Egg Organic Eggs - Free Range

(12 ct, Reg. \$8.79)

\$7.29

Happy Egg Heritage Breed Eggs

(12 ct, Reg. \$8.99)

\$7.29

Health-Ade Organic Kombuchas

(16 oz, Reg. \$4.29)

\$3.29

HOPWTR Sparkling Hop Water

(6/12 oz, Reg. \$12.99)

2/\$19

Ithaca Salsas

(14 oz, Reg. \$6.99)

\$4.79

Ithaca Hummus

(10 oz, Reg. \$5.79)

\$3.79

Kettle Air-fried Potato Chips

(6.5 oz, Reg. \$5.29)

2/\$8

Kettle & Fire Bone Broth

(16.9 oz, Reg. \$7.99)

\$5.99

Kettle & Fire Organic Bone Broth Reduced Sodium

(16.9 oz, Reg. \$7.99)

\$5.99

Kite Hill Ricotta

(8 oz, Reg. \$9.29)

\$6.49

Kite Hill Cream Cheese

(8 oz, Reg. \$7.49)

\$5.29

Kite Hill Sour Cream

(8 oz, Reg. \$4.79)

\$3.29



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Laoban Bao Buns

(10 oz, Reg. \$8.99)

\$6.29

Laoban Dumplings

(8 oz, Reg. \$6.99)

2/\$10

MegaFood Women's One Daily

(60 ct, Reg. \$39.99)

\$28.79

MegaFood Men's One Daily

(60 ct, Reg. \$39.99)

\$28.79

MegaFood Vitamin D-3 1000 IU

(60 ct, Reg. \$22.99)

\$16.29

MegaFood Zinc

(60 ct, Reg. \$21.99)

\$13.79

MegaFood MegaFlora

(30 ct, Reg. \$23.99)

\$16.99

MegaFood Vitamin D3 5000 IU with K & K2

(60 ct, Reg. \$24.99)

\$16.99

MegaFood Stress Reset

(60 ct, Reg. \$29.99)

\$20.79

MUSH Overnight Oats

(5 oz, Reg. \$2.49)

2/\$4

MyBACON Mybacon Original

(6 oz, Reg. \$7.99)

2/\$15

NOKA Organic Smoothie Pouches

(4.22 oz, Reg. \$2.99)

2/\$4

noosa Yoghurt

(4.5 oz, Reg. \$1.79)

3/\$4

OLIPOP Prebiotic Sodas

(12 oz, Reg. \$2.99)

3/\$6

OLIPOP Prebiotic Soda Cases

(4/12 fl, Reg. \$10.99)

2/\$17

OWYN Only What You Need

Plant-Based Meal Replacement Drink Cases

(4/11.15 oz, Reg. \$11.99)

2/\$15

OWYN Only What You Need

Plant-Based Protein Drink - Doubleshots

(12 oz, Reg. \$4.79)

\$2.99

OWYN Only What You Need

Plant-Based Protein Drink Singles

(12 oz, Reg. \$3.99)

\$2.79

Pacific Foods Organic Soups

(16.3 oz, Reg. \$5.29)

\$4.29

Patagonia Provisions Crackers

(4 oz, Reg. \$6.99)

\$5.29

Patagonia Provisions Mussels

(4.2 oz, Reg. \$8.29)

\$5.99

Patagonia Provisions White Anchovies

(4.2 oz, Reg. \$7.49)

\$5.99

Patagonia Provisions Sardines

(4.2 oz, Reg. \$7.49)

2/\$11

Perfect Bar Organic Bars

(2.5 oz, Reg. \$3.49)

\$2.79

Rao's Meals

(8.5 oz, Reg. \$6.29)

2/\$9

Rao's Pizzas

(21.2 oz, Reg. \$12.99)

\$9.29



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Offers Valid 9/24-10/14/2025

Rao's Sauces

(24 oz, Reg. \$9.99)

2/\$15

Rao's Soups

(16 oz, Reg. \$6.49)

\$4.79

REBBL Organic Protein Drinks

(12 oz, Reg. \$5.29)

2/\$8

Remedy Organics Organic Protein Drinks

(12 oz, Reg. \$5.29)

2/\$7

ROAR Organic

Organic Bottled Enhanced Beverages

(18 oz, Reg. \$2.49)

2/\$4

RXBAR Protein Bars

(1.8 oz, Reg. \$3.29)

3/\$7

Siete Botana Sauce

(10 oz, Reg. \$6.79)

\$4.99

Siete Taco Shells

(5.5 oz, Reg. \$6.49)

\$4.79

Siete Maiz Totopos Corn Tortilla Chips

(7.5 oz, Reg. \$5.99)

2/\$9

Siete Botana Sauces

(8.5 oz, Reg. \$6.79)

\$4.99

Silk Almondmilk

(64 oz, Reg. \$5.79)

\$3.99

Spudsy Sweet Potato Fries

(4 oz, Reg. \$4.49)

\$3.29

Strong Roots Proper Fries

(20 oz, Reg. \$7.29)

\$3.99

Strong Roots Crispy Crinkle Fries

(20 oz, Reg. \$7.29)

\$3.99

Suja Organic Organic Wellness Shots

(2 oz, Reg. \$3.99)

2/\$5

Sweet Loren's GF Cookie Dough

(12 oz, Reg. \$7.29)

\$6.29

Three Wishes Grain Free Cereals

(8.6 oz, Reg. \$7.49)

2/\$11

Tofurky Sausages

(13 oz, Reg. \$7.79)

\$6.29

Uglies Kettle Chips Kettle Chips

(5.5 oz, Reg. \$3.29)

2/\$6

Vital Farms Organic Large Pasture Raised Eggs

(1 dz, Reg. \$11.99)

\$10.29

Wonder Juice Assorted Juices

(8.45 oz, Reg. \$3.49)

2/\$5





Market Specials

Offers Valid 9/24-10/14/2025

Meat & Seafood

Thin Cut Pork Chops

(Reg. \$3.99/lb)

\$2.99/lb

Housemade Spicy Turkey/Chicken Sausage

(Reg. \$5.99/lb)

\$4.99/lb

Chicken Stir Fry

(Reg. \$6.99/lb)

\$5.49/lb

Nathan's Hot Beef Franks

(12 oz., Reg. \$7.99)

\$5.49

Wild Caught Ocean Perch

(Reg. \$7.49/lb)

\$5.99/lb

Sahlen's Ham Steaks

(12 oz., Reg. \$7.99)

\$6.49

Dearborn 1904 Natural Casing Hot Dogs

(14 oz., Reg. \$8.99)

\$6.49

Swordfish Steaks

(Reg. \$11.49/lb)

\$8.99/lb

Fresh Ground Lamb

(Reg. \$11.49/lb)

\$9.49/lb

Paul Piazza Wild Caught 31/40 Gulf Shrimp

(16 oz., Reg. \$11.99)

\$9.49

Paul Piazza Wild Caught 21/30 Gulf Shrimp

(16 oz., Reg. \$14.99)

\$11.99

Paul Piazza Wild Caught 16/20 Gulf Shrimp

(16 oz., Reg. \$14.49)

\$11.49

Oxtails

(Reg. \$15.99/lb)

\$12.99/lb

Marinated Steaks

(Reg. \$16.99/lb)

\$13.49/lb

Flank Steaks

(Reg. \$18.99/lb)

\$14.99/lb

Thousand Hills 100% Grass Fed Chuck Roast

(24 oz., Reg. \$25.99)

\$20.99

Produce

Sweet Potatoes

(Reg. 99¢/lb)

79¢/lb

Zucchini and Yellow Squash

(Reg. \$1.49/lb)

99¢/lb

Michigan Grown Bagged Fuji or Gala Apples

(@5 lb. bag, Reg. \$7.99)

\$5.99/ea

Michigan Grown Bagged Honeycrisp Apples

(@5 lb. bag, Reg. \$11.99)

\$9.99/ea

Deli (Offers Valid 9/22-10/5/2025)

Boar's Head Muenster Cheese

(Reg. \$7.99/lb)

\$6.99/lb

Boar's Head Smokemaster Black Forest Ham

(Reg. \$12.99/lb)

\$9.99/lb

Boar's Head Sweet B's Honey BBQ Chicken Breast

(Reg. \$14.99/lb)

\$10.99/lb

Boar's Head Mesquite Turkey Breast

(Reg. \$13.99/lb)

\$11.99/lb

Boar's Head Corned Beef

(Reg. \$17.99/lb)

\$13.99/lb





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Prepared Foods

Western Market's Baked Potato Soup w/Bacon
(Reg. \$8.49/lb) **\$6.99/lb**

Western's Housemade Grilled Vegetables
(Reg. \$8.99/lb) **\$6.99/lb**

Western's Housemade Southern Style Mac & Cheese
(Reg. \$9.99/lb) **\$7.99/lb**

Bakery

Western's Housemade Bread Pudding
(1 ea., Reg. \$4.99) **\$3.99**

Western's Housemade Garlic Bread
(1 ea., Reg. \$5.49) **\$4.49**

Western Market's Butter Rum Muffins
(4 pack., Reg. \$7.99) **\$6.49**

Beer

Ayinger Oktoberfest-Märzen
(500 ml. bottle, Reg. \$4.99) **\$3.99**

Brauerij Artois Stella Artois
(6 x 12 oz. bottles, Reg. \$10.99) **\$8.99**

Bell's Brewery Oberon Light
(6 x 12 oz. cans, Reg. \$11.99) **\$9.99**

Bell's Brewery Oberon Light
(12 x 12 oz. cans, Reg. \$19.99) **\$16.99**

Gourmet Cheese

Marin French Petite Cheese Rounds
Breakfast, Truffle, Camembert
(4 oz., Reg. \$7.99) **\$6.49**

Jasper Hill Farm Mini Harbison
(5 oz., Reg. \$12.99) **\$10.49**

Milton Creamery Prairie Breeze
(Reg. \$19.99/lb) **\$15.99/lb**

Wine

Laya Red Blend
Bold Spanish blend of Garnacha and Monastrell.
(750 ml., Reg. \$11.99) **\$9.99**

Galea Sangria
Organic Sangria Frizzante.
(1 L., Reg. \$13.99) **\$11.99**

Cesari Justo
Smooth, chillable Italian red.
(750 ml., Reg. \$14.99) **\$12.99**

Prost Pinot Noir
Bright, fruity German Pinot Noir
(750 ml., Reg. \$15.99) **\$14.99**

Von Buhl Bone Dry
Seriously dry German Riesling.
(750 ml., Reg. \$22.99) **\$19.99**