

SOUPS - 2024	Allergens	Dietary Info (V=vegetarian, VG = vegan, GF = gluten free)	Ingredients
Baked Potato w/Bacon	MILK, WHEAT		Chicken Broth, Potatoes, Light Cream, Onions, Neufchatel Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Contains 2% or less of: Butter (Cream, Salt), Celery, Corn Starch, Wheat Flour, Fruitwood Smoked Uncured Bacon With No Nitrates or Nitrates Added Except For Naturally Occurring Nitrates in Sea Salt and Celery Powder (Natural Pork, Water, Sea Salt, Turbinado Sugar, Maple Syrup, Natural Flavorings, Lactic Acid Starter Culture), Tomato Paste, Chives, Salt, Garlic (Garlic, Water), Hot Pepper Sauce (Distilled Vinegar, Red Pepper, Salt), Nisin Preparation and Spice.
Buffalo Chicken	EGG, MILK, SOY, WHEAT		Chicken Stock (Water, Chicken Stock, Natural Flavor, Salt, Chicken Fat), Half & Half (Milk, Cream), Chicken Breast, Potato, Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Garlic Powder), Pasteurized Prepared Cheese Product (Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Whey, Milk Protein Concentrate, Milkfat, Whey Protein Concentrate, Sodium Phosphate, Calcium Phosphate, Salt, Sodium Alginate, Lactic Acid, Sorbic Acid, Apocarotenol Color, Annatto Color), Chicken Thigh, Onion, Blue Cheese Dressing (Soybean Oil, Blue Cheese [Cultured Pasteurized Milk, Salt, Enzymes, Penicillium Roqueforti Natamycin], Distilled Vinegar, Water, Egg Yolk, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Natural Flavor, Monosodium Glutamate, Mustard Flour, Propylene Glycol Alginate, Xanthan Gum, Onion, Garlic), Celery, Carrot, Wheat Starch, Modified Food Starch, Canola Oil, Garlic, Sea Salt, Natural Butter Flavor, Nisin.
Broccoli Cheddar	MILK, WHEAT	V	Broccoli, Carrots, Farm Country Sharp Cheddar (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto [color]), Farm Country Smoked Cheddar (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto [color], Hardwood Smoke), Hoffman's Super Sharp Cheddar (Cheddar Cheese [Milk, Cheese Culture, Salt, Enzymes], Water, Sodium Phosphate, Milkfat, Contains Less Than 2% Of Milk, Salt, Sorbic Acid As A Preservative, Acetic Acid, Sodium Polyphosphate, Citric Acid, Enzymes, Cheese Culture, Lactic Acid, With Annatto, Apocarotenol, Beta Carotene And Paprika Extract [Color]), Minors Vegetable Base (Sautéed Vegetable Puree Mix [Carrots, Onions, Celery], Salt, Sugar, Maltodextrin, Vegetable Oil (Corn And/Or Canola Oil), 2% Or Less Of Yeast Extract, Water, Potato Starch, Xanthan Gum, Natural Flavors, Carrot Juice Concentrate.) , Yellow Onions, Butter, Flour, Half & Half, Cinnamon, Nutmeg, Smoked Paprika, Salt, Black Pepper.
Cheli's Chili		GF	Beef, Water, Diced Tomatoes (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Dark Red Kidney Beans (Kidney Beans, Water, Sugar, Calcium Chloride, Disodium Edta [To Preserve Color]), Tomato Paste, Onions, Green Peppers, Celery, Salt, Flavorings, Coloring, Chili Powder (Chili Pepper, Salt, Spices, Garlic), Brown Sugar, Garlic Powder.
Chicken Lemon Rice	MILK, SOY, WHEAT		Rice, Chicken, Seasoning, Water, Salt, Less than 2% of Cream of Chicken (Chicken Broth [Water, Chicken Stock], Modified Corn Starch, Chicken Fat, Seasoned Chicken, Vegetable Oil [Corn, Canola and/or Soybean]), Wheat Flour, Salt, Cream, Yeast Extract, Modified Milk Ingredients, Soy Protein Concentrate, Onion Powder, Vinegar, Beta Carotene, Flavour [Contains Celery]].
Chicken Tortilla		GF	Chicken Stock (Water, Roasted Chicken Meat, Salt, Chicken Fat, Dextrose, Sugar, Natural Flavoring, Chicken Broth), Tomato Puree (Water, Tomato Paste, Citric Acid), Chicken Breasts, Green Bell Peppers, Onions, Tortilla Chips (Whole Grain Corn Masa Flour, Sunflower And/Or Safflower Oil, Sea Salt), Chicken Thighs, Garlic, Chipotle Peppers In Adobo (Chipotle Peppers, Water, Tomato Paste, Salt, Sugar, Onion, Acetic Acid), Canola Oil, Spices, Corn Starch, Extra Virgin Olive Oil, Lime Juice Concentrate, Granulated Sugar.
Chipotle Turkey Chili	SOY	GF	Turkey, Sweet Onions, Crushed Tomatoes (Vine Ripened Tomatoes, Salt, Citric Acid), Red Beans (Prepared Red Beans, Water, Salt, Calcium Disodium), Chipotle Peppers (Chipotle Pepper, Tomato, Water, Onion, Soybean Oil, Sugar, Iodized Salt, Vinegar, Garlic, Paprika, Spices), Corn Kernels, Garlic, Red Bell Pepper, Southwest Spices (Chili Powder, Cumin Powder, Garlic Powder), Black Pepper, Salt
Creamy Mushroom Dahl Soup	MILK, SOY, WHEAT	V	Mushroom, Flour, Cream (Milk), Vegetable Purée (Carrots, Onions, Celery), Salt, Maltodextrin (From Corn), Onion Powder, Soybean Oil, Carrot Powder, Soy Flour, Natural Flavoring, Xanthan Gum, Ascorbic Acid, Garlic Powder, Cayenne, Black Pepper, Spices
Housemade Chicken Noodle	EGG, MILK, SOY, WHEAT	GF, VG	Water, Cooked Enriched Egg Noodles (Water, Semolina [Wheat]), Eggs, Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Cooked White Meat Chicken (Chicken, Water, Potassium Lactate, Sodium Tripolyphosphate, Salt), Onions, Carrots, Celery, Chicken Base (Chicken Meat, Chicken Juices, Salt, Hydrolyzed Soy Protein, Natural Flavorings, Sugar, Potato Flour, Turmeric [Color], Carrot Powder), Butter (Pasteurized Cream, Salt), Modified Cornstarch, Sugar, Granulated Garlic, Wpices, Xanthan Gum, Lemon Juice Concentrate)
Italian Wedding	EGG, MILK, WHEAT		Chicken Stock (Water, Roasted Chicken Meat, Salt, Chicken Fat, Dextrose, Sugar, Natural Flavoring, Chicken Broth), Meatballs (Beef, Water, Egg Whites, Bread Crumbs [Wheat Flour], Romano Cheese [Pasteurized Cow'S And Sheep'S Milk, Rennet, Salt, Cheese Cultures, Enzymes], Dehydrated Onion, Dried Cane Sugar, Salt, Natural Flavors), Spinach, Onions, Celery, Enriched Pasta (Semolina [Wheat], Egg Whites, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Parmesan Cheese (Pasteurized Cow'S Milk, Cheese Culture, Salt, Enzymes), Corn Starch, Sea Salt, Canola Oil, Onion, Powder, Spices, Maltodextrin, Dextrose, Guar Gum, Xanthan Gum, Extra Virgin Olive Oil, Carrot Powder (Carrot, Rice Hull), Yeast Extract.
Lobster Bisque	MILK, SHELLFISH (LOBSTER, SHRIMP), SOY, WHEAT		Milk (Milk, Vitamin D3 Added), Water, Whipping Cream, Lobster Meat, Butter (Cream, Salt), Sherry Wine (Sherry Wine, Salt, Potassium Sorbate [Preservative], Potassium Metabisulfite [Added To Protect Color]), Enriched Flour (Bleached Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains Less Than 2% Tomato Paste, Lobster Base (Lobster, Salt, Lobster Concentrate [Water, Lobster, Salt]), Tomato Paste, Natural Starch, Chicken Base (Chicken Meat, Including Natural Chicken Juices, Salt, Hydrolyzed Soy Protein, Natural Flavorings, Sugar, Potato Flour, Turmeric [Color], Carrot Powder), Sugar, Salt, Turmeric (Color), Annatto (Color), Color (Water, Propylene Glycol, Red 40, Red 3, Propylparaben [Preservative]).

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<b>Mexican Street Corn Chowder</b>	MILK	GF, V	Half And Half, Milk, Onions, Potatoes, Red And Yellow Bell Peppers, Cotija Cheese, Butter, Olive Oil, Chili Lime Salt, Cilantro, Black Pepper, Garlic, Onion Powder, Smoked Paprika, Hot Pepper Sauce, Cumin, Kosher Salt
<b>Moroccan Lentil</b>		GF, VG	Red Lentil, Carrot, Onion, Celery, Sweet Potatoes, Potatoes, Garlic, Seasoning, Water, Salt.
<b>New England Clam Chowder</b>	MILK, SHELLFISH (CLAM), WHEAT		Half & Half (Milk, Cream), Clams (Clam Juice, Clams, Salt, Sodium Triphosphate, Autolyzed Yeast Extract, Clam Flavor, Dextrose, Calcium Disodium Edta, Disodium Inosinate, Guanylate), Clam Stock (Water, Cooked Clams In Natural Juices, Salt, Natural Flavoring, Butter (Pasteurized Cream, Salt), Dehydrated Potatoes, Dextrose, Onion Powder, Maltodextrin, Disodium Inosinate, Disodium Guanylate), Potatoes, Onions, Wheat Starch, Canola Oil, Modified Food Starch, Clam Broth (Dehydrated Clam Broth, Maltodextrin), Sea Salt, Granulated Garlic, Black Pepper.
<b>Northern Bean &amp; Ham</b>	SOY	GF	Northern Bean, Ham, All Purpose Seasoning (Organic Onion, Organic Black Pepper, Organic Garlic, Organic Parsley, Organic Celery Seed, Organic Tomato Powder (Organic Tomato, Organic Guar Gum), Organic Basil, Organic Thyme, Organic Oregano, Organic Sage, Organic Coriander, Salt, Brown Sugar, Paprika, Vegetable Purée (Carrots, Onions, Celery), Maltodextrin (From Corn), Soybean Oil, Carrot Powder, Soy Flour, Natural Flavoring, Xanthan Gum, Ascorbic Acid, Spices
<b>Shrimp &amp; Corn Chowder</b>	FISH (COD), MILK, SHELLFISH (SHRIMP), WHEAT		Shrimp Stock (Water, Cooked Shrimp, Salt, Natural Flavoring, Butter (Pasteurized Cream, Salt), Autolyzed Yeast Extract, Maltodextrin, Dextrose, Dehydrated Potatoes, Codfish Powder, Onion Powder, Sugar, Garlic Powder), Creamed Corn (Water, Corn, Cane Sugar, Cornstarch, Sea Salt), Shrimp, Cream, Corn, Potatoes, Red Bell Peppers, Butter (Cream, Salt), Onions, Carrots, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cornstarch, Scallions, Sea Salt, Onion Powder, Maltodextrin, Dextrose, Spices, Carrot Powder, (Carrot, Rice Hull), Yeast Extract, Blackened Red Fish Seasoning (Salt, Spices, Paprika, Garlic, Onion), Xanthan Gum, Granulated Garlic.
<b>Southwest 3 Bean Vegetable</b>	WHEAT	VG	Tomato (Tomatoes, Tomato Puree, Salt, Citric Acid), Kidney Beans (Dark Kidney Beans, Water, Salt, Calcium Chloride), Vegetable Stock (Water, Sea Salt, Onion Powder, Maltodextrin, Dextrose, Yeast Extract [Yeast Extract, Salt], Carrot Powder, Celery Seed, White Pepper, Turmeric), White Beans (Beans, Water, Salt, Calcium Chloride), Pinto Beans (Pinto Beans, Water, Salt, Calcium Chloride), Onion, Celery, Corn, Tomato Paste (Tomatoes, Citric Acid), Carrot, Suntan Pepper, Red Bell Pepper, Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Canola Oil, Jalapeño Peppers (Jalapeño Peppers, Water, Vinegar, Salt, Calcium Chloride, Garlic), Chili Powder, Spices, Granulated Garlic, Ground Red Pepper, Citric Acid.
<b>Spiced Pumpkin Bisque</b>	MILK, SOY, WHEAT	V	Pumpkin Purée, Flour, Cream (Milk), Pumpkin Spice (Clove, Nutmeg, Ginger, Cinnamon), Vegetable Purée (Carrots, Onions, Celery), Salt, Maltodextrin (From Corn), Onion Powder, Soybean Oil, Carrot Powder, Soy Flour, Natural Flavoring, Xanthan Gum, Ascorbic Acid, Cayenne, Spices
<b>Split Pea with Ham Stewed Cabbage</b>		GF, VG	Chicken Stock (Water, Roasted Chicken Meat, Salt, Chicken Fat, Dextrose, Sugar, Natural Flavoring, Chicken Broth), Split Green Peas, Onion, Carrot, Ham (Pork, Water, Salt, Maple Syrup, Turbinado Sugar, Celery Powder, Cherry Powder, Vinegar, Lemon Juice Concentrate), Sea Salt, Black Pepper, Smoke Flavor.
<b>Stuffed Pepper w/Beef</b>	SOY, WHEAT		Cabbage, Carrots, Celery, Green Beans, Garlic, Onions, Tomatoes, Water, Spices.
<b>Tomato Basil</b>	MILK	GF, V	Water, Green Bell Peppers, Tomatoes (Diced Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid, Cooked Ground Beef, Tomato Paste, Long Grain Rice (Long Grain Rice Enriched With Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Onions, Contains Less Than 2% Of Beef Au Jus Concentrate (Beef Stock, Salt, Natural Flavoring, Yeast Extract, Beef Fat, Caramel Color, Cornstarch, Sodium Phosphate, Onion Powder, Soy Sauce [Water, Soybeans, Wheat, Salt], Lactic Acid, Modified Potato Starch, Disodium Inosinate & Disodium Guanylate, Potato Starch, Beet Powder, Garlic Powder, Corn Syrup, Solids), Salt, Granulated Garlic, Granulated Onion, Spices, Sugar.
<b>Turkey Chili</b>		GF	Tomato (Tomatoes, Tomato Puree, Salt, Citric Acid), Water, Heavy Cream, Tomato Paste (Tomato, Citric Acid), Basil, Sugar, Canola Oil, Cornstarch, Onion Powder, Sea Salt, Natural Butter Flavor (Whey, Butter Oil, Salt, Sugar, Guar Gum), Yeast Extract (Yeast Extract, Salt), White Pepper, Caramel Color.
<b>Tuscan Bean &amp; Sausage</b>	SOY	GF	Tomato (Tomatoes, Tomato Puree, Salt, Citric Acid), Ground Turkey, Kidney Beans (Dark Red Kidney Beans, Water, Salt, Calcium Chloride), Vegetable Stock (Water, Sea Salt, Onion Powder, Maltodextrin, Dextrose, Yeast Extract [Yeast Extract, Salt], Carrot Powder, Celery Seed, White Pepper, Turmeric), White Beans (Great Northern Beans, Water, Salt, Calcium Chloride, Pinto Beans (Pinto Beans, Water, Salt, Calcium Chloride), Celery, Corn, Onion, Tomato Paste (Tomatoes, Citric Acid), Suntan Pepper, Carrot, Red Bell Pepper, Canola Oil, Cornmeal, Jalapeno Peppers (Jalapeno Peppers, Water, Vinegar, Salt, Calcium Chloride, Garlic), Spices, Chili Powder, Granulated Garlic, Citric Acid, Ground Red Pepper.
<b>Vegan Chili</b>	SOY	GF, VG	Water, Great Northern Beans (Beans, Water, Salt, Calcium Chloride), Hot Italian Sausage (Pork, Water, Salt, Spices, Bha, Bht, Citric Acid), Onions, Fennel, Soybean Oil, Kale, Carrots, Contains Less Than 2% Of Cornmeal (Degerminated Yellow Corn Meal, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chicken Base (Chicken Meat Including Natural Chicken Juices, Salt, Hydrolyzed Soy Protein, Natural Flavorings, Sugar, Potato Flour, Turmeric [Color], And Carrot Powder), Beef Base (Roasted Beef Including Beef Juices, Salt, Hydrolyzed Vegetable Protein [Soy, Corn], Maltodextrin, Yeast Extract, Sugar, Potato Flour, Beef Flavor, Natural Flavor, Caramel Color), Modified Corn Starch, Sugar, Granulated Garlic, Spices.
			Tomatoes, Cooked Pinto Beans, Soy Protein Crumbles (Water, Soy Protein Concentrate, Canola Oil, Yeast Extract, Caramel Color, Salt, Distilled White Vinegar, Xanthan Gum, Onion, Garlic, Green Cabbage, Mushroom, Black Pepper, Ginger), Green Bell Peppers, Red Bell Peppers, Vegetable Stock (Water, Carrots, Onions, Celery, Salt, Sugar, Corn Oil, Potato Flour, Carrot Powder), Onions, Contains 2% or less of: Tomato Paste, Garlic, Water, Modified Corn Starch, Lime Juice, Cilantro, Jalapeno Peppers, Vegetable Base (Vegetables (Carrots, Tomatoes, Onions, Potatoes, Garlic), Sea Salt, Dextrose, Cane Sugar, Canola Oil, Spices, Turmeric), Distilled Vinegar, Garlic Powder, Salt, Nisin Preparation and Spices.

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<b>10 Vegetable Minestrone</b>	MILK, WHEAT	V	Water, Tomatoes, White Beans, Carrots, Onions, Zucchini, Yellow Squash, Tomato Paste, Orchiette Pasta (Durum Wheat Semolina, Niacin, Ferrous Lactate, Thiamine Mononitrate, Riboflavin, Folic Acid), Extra Virgin Olive Oil, Parmigiano Reggiano Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes, Cellulose Powder, Potassium Sorbate to Protect Flavor), Spinach, Basil, Kale, Garlic, Balsamic Vinegar, Onion Powder, Garlic Powder, Kosher Salt, Parsley, White Sugar, White Pepper.
<b>Black Bean Soup</b>		VG, GF	Black Beans, Corn, Red & Green Bell Peppers, Onions, Jalapeños, Garlic, Red Chili Peppers, Olive Oil, Smoked Paprika, Lime, Cilantro, Salt, Black Pepper, Cumin
<b>Dill Pickle Soup</b>	MILK		Potatoes, Carrots, Cucumbers (Pickles), Sour Cream, Onions, Celery, Garlic, Dill, Chicken (Contains Chicken Stock), Vinegar, Olive Oil, Salt, Black Pepper, Allspice, Thyme