



Grocery & Dairy Specials

Offers Valid 3/28/2023 - 4/24/2024

Abbot's Butcher Vegan Meats

(10 oz., Reg. \$8.99) **\$5.49**

Alexia Roasted & Ready Baby Potatoes

(16 oz., Reg. \$8.29) **\$5.49**

Angie's BoomChickaPop

(4.5 oz., Reg. \$4.49) **2/\$6**

Annie's Mac & Cheese Boxes excludes organic varieties

(6 oz., Reg. \$2.79) **4/\$5**

Annie's Organic Bunny Grahams

(7.5 oz., Reg. \$4.79) **2/\$6**

Annie's Organic Fruit Snacks

(7 oz., Reg. \$8.79) **2/\$6**

Annie's Organic Dressings

(8 oz., Reg. \$5.79) **\$3.79**

Beetology Organic Beet Juices

(8.45 oz., Reg. \$3.49) **2/\$6**

Bitchin' Sauce Vegan Dips includes organic

(7-8 oz., Reg. \$5.99) **2/\$8**

Bob's Red Mill Instant Oatmeal Packets

(8 pkt., Reg. \$5.49) **2/\$7**

Califia Farms Dairy Free Creamers

(25.4 oz., Reg. \$5.99) **2/\$8**

Califia Farms Oatmilk

(48 oz., Reg. \$5.49) **\$3.99**

Califia Farms Almondmilks

(48 oz., Reg. \$5.49) **\$3.49**

Cascadian Farm Organic Organic Frozen Veggies

(10 oz., Reg. \$4.79) **2/\$5**

Cascadian Farm Organic Organic Frozen Fruits

(8-10 oz., Reg. \$6.49) **2/\$6**

Cascadian Farm Organic Organic Frozen Potatoes hash, fries, etc

(12-16 oz., Reg. \$5.99) **2/\$8**

Cascadian Farm Organic Organic Cereals

(8.6-12.5 oz., Reg. \$7.99) **3/\$10**

Chomps Beef & Turkey Snack Sticks

(1.15 oz., Reg. \$2.49) **3/\$5**

Cocojune Organic Coconut Yogurts

(4 oz., Reg. \$2.49) **3/\$5**

Cocojune Organic Coconut Yogurts

(16 oz., Reg. \$7.99) **\$5.49**

Country Archer Beef Jerky

(2 oz., Reg. \$7.49) **2/\$10**

Country Archer Beef Sticks

(1 oz., Reg. \$1.99) **2/\$3**

Deep Indian Kitchen Frozen Entrees

(9 oz., Reg. \$6.99) **\$4.79**

Desert Essence Tea Tree Oil Mouthwash

(16 oz., Reg. \$7.99) **\$6.99**

Dr. Bronner's Liquid Castile Soap

(32 oz., Reg. \$16.99) **\$12.99**

Earth Balance Vegan Buttery Spreads excludes organic

(15 oz., Reg. \$6.79) **\$3.49**

Earth Balance Vegan Buttery Sticks

(16 oz., Reg. \$6.79) **\$4.99**

Edward & Sons Organic Instant Mashed Potatoes

(3.5 oz., Reg. \$3.29) **2/\$4**



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Elmhurst Plant Milks includes barista varieties
(32 oz., Reg. \$6.29) **\$4.49**

Elmhurst Dairy Free Creamers
(16 oz., Reg. \$5.49) **\$3.79**

Equal Exchange Organic Coffee Beans
(12 oz., Reg. \$13.99) **\$9.99**

Evive Smoothie Cubes
(10.58 oz., Reg. \$5.99) **\$5.49**

Follow Your Heart Vegan Cheese Slices
(7 oz., Reg. \$5.99) **2/\$8**

GoMacro Organic Protein Bars
(2 oz., Reg. \$3.49) **2/\$5**

GoodBelly Organic Probiotic Drinks
(32 oz., Reg. \$3.99) **2/\$6**

GT's Organic Kombuchas
(16 oz., Reg. \$4.29) **2/\$6**

Guru Organic Energy Drinks
(12 oz., Reg. \$3.49) **2/\$5**

Hippeas Chickpea Puffs
(4 oz., Reg. \$4.49) **2/\$6**

If You Care 8" Basket Filters
(100 ct., Reg. \$3.99) **\$2.99**

If You Care No. 2 & 4 Coffee Filters
(100 ct., Reg. \$4.49) **\$3.49**

If You Care Parchment Baking Paper
(70 sqft., Reg. \$6.49) **\$4.49**

If You Care Large Baking Cups
(60 ct., Reg. \$2.49) **2/\$4**

If You Care Parchment Baking Paper In Sheets
(24 ct., Reg. \$6.49) **\$3.49**

If You Care Cheesecloth
(18 sqft., Reg. \$3.99) **\$2.99**

If You Care 100% Recycled Aluminum Foil
(50 sqft., Reg. \$6.79) **\$4.79**

If You Care Wax Paper
(75 sqft., Reg. \$7.49) **\$5.29**

If You Care Latex Gloves
(1 ct., Reg. \$4.79) **2/\$6**

Jolly Llama Frozen Treats sorbet, sandwiches, cones, and brand new yogurt bars!
(3-4 ct., Reg. \$4.99) **2/\$8**

Just Ice Tea Organic Iced Teas
(16 oz., Reg. \$3.29) **2/\$5**

Kevin's Natural Foods Chicken Entrees
(16 oz., Reg. \$11.99) **\$8.99**

Koia Plant-Based Protein Shakes excludes keto varieties
(12 oz., Reg. \$4.99) **2/\$6**

Koia Keto Plant-Based Shakes
(12 oz., Reg. \$4.99) **2/\$7**

Lundberg Family Farms Rice Entrees
(5.8 oz., Reg. \$3.99) **\$3.29**

Mrs. Meyer's Clean Day Liquid Dish Soap
(16 oz., Reg. \$5.49) **2/\$8**

Mrs. Meyer's Clean Day Multi-Surface Everyday Cleaner
(16 oz., Reg. \$5.49) **2/\$8**

Mrs. Meyer's Clean Day Liquid Hand Soap Refill
(33 oz., Reg. \$9.99) **\$7.49**



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Mrs. Meyer's Clean Day Liquid Hand Soap
(12.50 oz., Reg. \$5.79) **\$4.29**

MUSH Overnight Oats
(5 oz., Reg. \$2.49) **3/\$5**

Navitas OG Maca Powder
(4 oz., Reg. \$8.99) **\$5.99**

Navitas Organic Superfood Blends
(4.2 - 6.3 oz., Reg. \$14.99) **\$12.99**

Nuts for Cheese Organic Vegan Cheese Wedges
perfect for charcuterie boards!
(4.2 oz., Reg. \$8.99) **\$5.99**

Olipop Prebiotic Sodas
(12 oz., Reg. \$2.99) **2/\$4**

Organic India Organic Tulsi Teas
(18 ct., Reg. \$5.79) **2/\$8**

Organic India Organic Turmeric Capsules
(180 cap., Reg. \$44.99) **\$34.99**

Organic India Organic Ashwagandha Capsules
(90 cap., Reg. \$22.99) **\$17.99**

Organic Valley Organic Lactose Free Milk
(64 oz., Reg. \$6.49) **\$4.79**

Organic Valley Organic Grassfed Milk
(64 oz., Reg. \$7.49) **\$4.99**

Organic Valley Organic Milk excludes lactose free and grassfed
(64 oz., Reg. \$6.79) **\$4.49**

Patagonia Provisions Tinned Mussels, Mackerel, and Anchovies
(4.2 oz., Reg. \$7.29) **\$5.49**

Poppi Prebiotic Sodas
(12 oz., Reg. \$2.99) **2/\$4**

Primal Kitchen Collagen Fuel
(14 oz., Reg. \$39.99) **\$29.99**

Quinn Gluten Free Pretzel Nuggets
(5.8 oz., Reg. \$5.49) **\$4.29**

Recess Mood Sodas
(12 oz., Reg. \$2.99) **2/\$4**

Red's All Natural Frozen Burritos
(5 oz., Reg. \$2.99) **2/\$4**

Remedy Organics Organic Protein Drinks
(12 oz., Reg. \$4.99) **2/\$7**

Ripple Plant Based Milks made from peas!
(48 oz., Reg. \$6.79) **\$4.49**

Rishi Tea Sparkling Botanicals
(12 oz., Reg. \$2.99) **2/\$4**

Seventh Generation Dish Liquid
(19 oz., Reg. \$5.29) **2/\$7**

siggi's Dairy-Free Yogurt
(5.3 oz., Reg. \$2.79) **2/\$3**

Snack Factory Pretzel Crisps
(7.2 oz., Reg. \$4.29) **2/\$6**

So Delicious Cultured Coconut Yogurt
(24 oz., Reg. \$6.99) **\$4.49**

SOMOS Salsas
(12 oz., Reg. \$4.99) **2/\$6**

SOMOS Bean Pouches
(10 oz., Reg. \$4.29) **2/\$6**

Tasty Bite Simmer Sauces
(13 oz., Reg. \$6.29) **2/\$8**



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The Humble Co. Toothpaste Tablets
flouride and flouride-free options

(60 ct., Reg. \$7.49)

\$5.49

The Humble Co. Adult Toothbrushes

(2 ct., Reg. \$3.49)

2/\$5

The Humble Co. Kids Toothbrushes

(1 ct., Reg. \$2.49)

2/\$4

The Humble Co. Dental Floss Picks

(50 ct., Reg. \$3.79)

\$2.99

The Humble Co. Natural Mouthwash

(16.9 oz., Reg. \$6.49)

\$4.99

The Seaweed Bath Co.

Heat Care & Gloss Shampoo & Conditioner

(12 oz., Reg. \$8.99)

\$6.99

Three Trees Organic Plant Milks

(28 oz., Reg. \$9.49)

\$4.79

Uglies Kettle Potato Chips

(6 oz., Reg. \$4.29)

2/\$6

Violife Dairy Free Cream Cheese

(7.05 oz., Reg. \$5.99)

\$3.99

Vital Farms Pasture Raised Butter

(8 oz., Reg. \$4.79)

2/\$7

Waiakea Hawaiian Volcanic Water

(1 lt., Reg. \$2.79)

2/\$4

Waiakea Hawaiian Volcanic Water

(500 ml., Reg. \$1.79)

3/\$4

Western Market's Alkaline Water

(1 Gal., Reg. \$3.99)

2/\$5

